**Title:** Health and well-being of health care workers during the COVID-19 pandemic: A mixed-method study

**Abstract [**See Abstract Sample**]**

…………………………………………………………………………………………………………………………………………………………………

**Introduction**

………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………

**Objectives**

…………………………………………………………………………………………………………………………………………………………………

**Participants and Methods**

………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………

**Results**

…………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………

**Discussion**

…………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………

**Conclusion**

………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………

**Recommendation**

……………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………

**References** [APA 7th Edition]

**Other requirements**

1. Font: Time New Roman
2. Font size: 12
3. Word limit: Not more than 5000 words [excluding Abstract]
4. Number of authors: unlimited